

OUT SPOKIN'

BONNEVILLE CYCLING CLUB

In Memory of Jay Lepreau

1952 - 2008

OCTOBER
2008

For ride schedules, club membership information
and more visit us online at www.bccutah.org



Editor's Note

by Travis Fisher

This is it. Its transition time again. Season are changing. The ride schedule is slowing down. It's time to either go inside and watch football or get the trainer out and start sweating indoors. Well, for most of us. Tim Shea and a few others are still out there

pedaling to and from work and everything else. When it gets cold I become a wus on the bike. But eventually I'll break that.

It's time for new plans and new goals. Time to prepare for 2009. Time to get all the honey-do's done that we ignored over the summer before they all get covered with snow. Also this winter we're planning some snow shoe and cross country outings. Look for them on the calendar. As always, see you on the road!

OCTOBER 2008

Cover: Jay and Caroline Lepreau at the 2007 Banquet

Photo Credits: Melody Fisher

BCC Board Meetings are conducted the 2nd Wednesday of every month. If you would like to submit anything for the agenda please contact anyone from the BCC Board. All BCC Members are welcome to attend the monthly BCC Board Meetings.

The next BCC Board Meeting will be: November 12th 2008 7 to 9 PM at the Foothill Library. All members are welcome!

Please submit articles, photos, and advertisements for publication by the 15th of the month or send comments, corrections, inquires for advertising or suggestions to: newsletter@bbtc.net

Or submit to address below:

BCC Utah

P.O. Box 65733

Salt Lake City, UT 84165

Please submit rides for the ride calendar online at

<http://bccutah.org/Calendar/index.htm>

2007-2008 Board of Directors

President (801) 220-0677	John McCool president@bbtc.net
Vice President (801) 486-4000	Jerry Bergosh vicepresident@bbtc.net
Secretary (801) 521-3823	Dana Morgan secretary@bbtc.net
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Member at large	Mary Margaret Williams bicycleutah@msn.com
Ultra Captain (801) 558-6484	Matt Fairbourn mattfairbourn@gmail.com

BCC Coordinators

Don Williams - Super-Series
John McCool - Mini-Me
Carol Crane - SYWTRAC/LRRH Trainers
John Schwed - White Rim
Curt Griffin - Clothing/merchandise
Chris & Janet Goff - Clothing/merchandise
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Michael Mason - BCC Racing
Erinn McCool - Membership Events
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Robert Turner - C-Pace Coordinator

Salt Lake experimenting with shared car/bike lane

Salt Lake experimenting with shared car/bike lane
September 17th, 2008 @ 4:15pm
By Gene Kennedy and Tom Callan
Courtesy www.ksl.com

Salt Lake City leaders unveiled a new plan today for bicyclists and cars to share a lane of traffic.

It's called a shared lane because cars and bikes will use it at the same time. This green stripe marks it. The lane stretches from 200 South and Main to State Street.

It will be a year-long experiment. Can bikes and cars coexist in the same lane? Cyclists tested it out this morning.

Cyclist Michael Wise told us, "Oh I love it. I think it's great."

Another cyclist, Dan Fazzini, said, "It's a good educational tool."

It's also a reminder to drivers that cyclists can lawfully ride in the center of a travel lane.

Salt Lake Mayor Ralph Becker said, "I hope we can test this, find it successful and do this throughout downtown."

Shared lanes would not replace bikes lanes. They would simply be an alternative in the downtown area on narrow streets where there isn't room for bike lanes. City leaders and some cyclists feel shared lanes are actually the safer option.

Cyclist Alma Allred said, "I think the strengths are safety. People will be more cognizant, automobiles will be more cognizant of the bicyclists."

Wise said, "It's more risky to be in a bicycle lane to the side of cars that are allowed to turn."

Last week an art teacher in Utah County was riding his bike to work and collided with a van that turned in



front of him. Salt Lake City leaders say in their year-long experiment they'll keep a close eye on whether or not this is a safe plan

"It is critically important that cyclists and people driving their vehicles be observant of each other and the laws," Mayor Becker said.

The law says cars must be 3 feet from bicyclists. The city will test this shared lane for a year, until September 2009. If it's successful, the city could get federal dollars to create more of these shared lanes on narrow roads where it's tough to put bike lanes.

Mayor Becker would like to see green lines near State Street and along South and North Temple.

City leaders say we shouldn't expect the shared lanes to replace bike lanes. The goal is to make Salt Lake City more bicycle-friendly. In fact, the city has hired a new trails coordinator to help with plans like this one.

San Francisco and New York City are testing similar plans.

2008 Bonneville Cycling Club's annual banquet is scheduled for Saturday October 25th At 7:00PM. Plan to attend this lavish once a year event to celebrate another successful season.

*** RSVP required!**

*** Send RSVP to: BBTC P.O. Box 65733 S.L.C., Utah 84165-0733**

*** \$15.00 dinner \$25.00 dinner, with 2 drink tickets.**

*** Members Only**

*** Not a member? Join Today!**

*** Meet at: The Memorial House Memory Grove in City Creek Canyon**

Southern Utah Parks Tour 2008

Photos by Robin Perkins





OCTOBER 2008 RIDES

THIS IS A PARTIAL SCHEDULE. PLEASE VISIT BCCUTAH.ORG FOR A COMPLETE LISTING
ALL RIDES ARE FREE UNLESS OTHERWISE POSTED. EVERYONE IS WELCOME!!!

LEGEND

RIDE RATING SYSTEM FORMAT: Distance / Pace / Terrain / Region

PACES: A=17-22, B=15-18, C=13-15, D=10-13

TERRAIN: 1=Mt Everest, 2= Mountains, 3=Hilly (Benches), 4=Mild Hills, 5=Flat

REGION: a=Logan/Cache Valley, b=Ogden area, c=Salt Lake area, d=Provo area, e=Southern Utah

YOU are your first line of defense

Remember and remind others that BCC does not allow earphones on rides. Cell phone usage while riding is also prohibited. Ride Safe!

Wednesday Oct 1 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Friday Oct 3 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Saturday Oct 4 09:30 AM A 30 Mile Loop thru the Valley 30/A-B-C/3-4/c

A 30 mile loop in the SLC Valley that goes thru Liberty Park, Parley's Crossing, along Wasatch Blvd. and Old Mill Estates. Meet at: Ritz Bowling Alley -- Rear parking Lot--(aprox. 2250 South and 200 East) Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Sunday Oct 5 09:00 AM Millcreek Canyon 32/B-C/2/c

Fall colors should be in full force for this short but worthy ride. 3200' of climbing. Coffee afterward, if interest. Meet at: Sugarhouse Park 1500 East entrance @2100 South. Rick Kirkland 486-0909

Sunday Oct 5 02:00 PM Full Sunday Brunch Ride with a Twist 23/B-C/2-3/c

Start off flat thru Liberty Park, then on to the Aves for a little climbing. Take a loop thru Memory Grove and lower City Creek. Then on thru some neighborhoods and down for a loop thru Sugarhouse Park. End with a nice easy coast to the start. All are invited to stay for a social afterwards. Bring bowling \$ if weather doesn't cooperate.

Meet at: Ritz Bowling Alley-rear Parking Lot--(aprox. 2250 South 200 East.) Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Monday Oct 6 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Tuesday Oct 7 05:45 PM Emigration Canyon 16/O/2-3/c

With the days getting shorter, we'll start this ride closer to the canyon. Ride up to the summit of Little Mountain and back down. Ride at your own pace and enjoy the scenery but be aware that you might need to turn around before reaching the top depending on your pace!

Meet at: Parking lot east of Hoogle Zoo on Sunnyside Ave. Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Wednesday Oct 8 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Wednesday Oct 8 07:00 PM BBTC Board 0/O/5/c

The Board will be meeting this evening, if you wish to submit anything for the agenda or other consideration, contact John McCool at mccoolthecyclist@yahoo.com a few days in advance.

Meet at: Anderson-Foothill Library (downstairs). 1135 S 2100 E. Take Foothill Blvd to the first light south of Sunnyside. Turn (more or less westbound) onto 2100 E. The road curves southbound, and the library is on the left across from Laird Ave. John McCool president@bbtc.net 220-0677

Friday Oct 10 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Saturday Oct 11 09:00 AM Frontrunner Ride 48/C/3-4/b

We'll take Frontrunner to Odgen with our bikes and ride back to the Salt Lake Frontrunner station from there. You'll need to register for this one: the limit is 12 riders Meet at: Contact Robert to register and getting meeting time and place Robert Turner r46turner@sisna.com 801-467-1129

Saturday Oct 11 10:00 AM Moochie Ride 25/C-D/5/c

Italian Philly Steak sandwiches - need we say more? Bring \$\$ for lunch. Social ride. Meet at: Roosevelt School, 3225 S 800 E, SLC. Sandy Levenson 487-0540

Sunday Oct 12 09:00 AM Timpanogos Caves 53/B-C/3/c

Fall colors for this one climbing up into American Fork Canyon. Only 1000' of climbing from I-15 to the caves, and not steep. A short extension up to Tibble Fork Reservoir, for those interested. Meet at: West Jordan Sr Citizen Center 8025 S 2200 West. Rick Kirkland 486-0909

Monday Oct 13 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Tuesday Oct 14 05:30 PM Emigration Canyon 16/O/2-3/c

With the days getting shorter, we'll start this ride closer to the canyon. Ride up to the summit of Little Mountain and back down. Ride at your own pace and enjoy the scenery but be aware that you might need to turn around before reaching the top depending on your pace do to earlier sunset!

Meet at: Parking lot east of Hoogle Zoo on Sunnyside Ave. Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Wednesday Oct 15 06:30 AM Early Morning Wake Up 11/C-D/5/c

The usual spin through Liberty Park and back. Light required, could be cold. Meet at: Roosevelt School, 3225 S 800 E, SLC Arthur Brunisholz acbsol@xmission.com (801) 860-5512

Friday Oct 17 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Jeff Levenson 487-0540

Saturday Oct 18 10:00 AM Oktoberfest Ride 25/C-D/5/c
Ride to lunch at Siegfried's Deli. Bring \$\$ for lunch. Social ride. Meet at: Roosevelt School, 3225 S 800 E, SLC. Jeff Levenson 487-0540

Sunday Oct 19 09:30 AM Layton (Einstein) Deli 60/A-B-C/4-5/c
Flat ride at a quick pace but room for those riding more casually, as well. Reasonable stop time for deli goodies before turning back. Be sure to call if weather is questionable. Meet at: State Agricultural Bldg- 351 N Redwood. Rick Kirkland 486-0909

Monday Oct 20 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Sandy Levenson 487-0540

Wednesday Oct 22 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Sandy Levenson 487-0540

Friday Oct 24 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Sandy Levenson 487-0540

Saturday Oct 25 11:00 AM 2nd Annual Tricky Treat Costume Ride 20/O/4-5/c
Come as your favorite ghost, ghoul, goblin, or whatever strikes your fancy. Let's dress up for some Halloween fun on a bike and perhaps terrorize some neighborhoods in a nice easy pace. Bring a treat to share afterwards! Meet at: Ritz Bowling Alley Parking lot(in rear)about 2250 South 200 East Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Saturday Oct 25 07:00 PM BBTC Annual Banquet-RSVP required! 0/O/1/c
2008 Bonneville Bicycle Touring Club Annual Banquet Saturday

October 27th At 7:00 PM RSVP required! Send RSVP to: BBTC P.O. Box 65733 S.L.C., Utah 84165-0733 \$15.00 dinner \$25.00 dinner, with 2 drink tickets. Plan to attend this lavish once a year event to celebrate another successful season.

Meet at: The Memorial House Memory Grove in City Creek Canyon- RSVP required! John McCool mccoollthecyclist@yahoo.com 220-0677

Sunday Oct 26 10:00 AM Pleasant Grove/Lehi 65/A-B-C/3-4/c
Mildly hilly ride south through mostly quiet backroads of Utah County. Be sure to call if weather is questionable. Meet at: West Jordan Senior Citizen Center- 8025 S 2200 West. Rick Kirkland 486-0909

Sunday Oct 26 02:00 PM Full Sunday Brunch Ride with a Twist 23/B-C/2-3/c
Start off flat thru Liberty Park, then on to the Aves for a little climbing. Take a loop thru Memory Grove and lower City Creek. Then on thru some neighborhoods and down for a loop thru Sugarhouse Park. End with a nice easy coast to the start. All are invited to stay for a social afterwards. Bring bowling \$ if weather doesn't cooperate. Meet at: : Ritz Bowling Alley-rear Parking Lot-(aprox. 2250 South 200 East.) Jeanne Allgood its2allgood4u@yahoo.com 801-548-2592

Monday Oct 27 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Jeff Levenson 487-0540

Wednesday Oct 29 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Jeff Levenson 487-0540

Friday Oct 31 06:30 AM Early Morning Wake Up 11/C-D/5/c
The ever popular ride at the crack of dawn. Meet at: Roosevelt School, 3225 S 800 E, SLC Sandy Levenson 487-0540

Wednesday Nov 12 07:00 PM BCC Board Meeting 0/D/1/c
Meet at: Anderson-Foothill Library (downstairs). 1135 S 2100 E. Take Foothill Blvd to the first light south of Sunnyside. Turn (more or less westbound) onto 2100 E. The road curves southbound, and the library is on the left across from Laird Ave. Timothy Shea shea_16000@msn.com 801-598-0294

Welcome New Members!

Bonneville Cycling would like to welcome our newest members!

*Dinah Rich
Satya Kallepalli
Mark May
Lonnie Burton
Elizabeth Carter
Nancy May*

*Mark Lott
Michael McMullin
Mindy Ramsey
Jennifer Reo
Mark Reo*

Two ways to join!!!!!!!

Register on online at www.bccutah.org
Or fill out this form and mail it in.

Name _____
Additional member _____
(Joint membership)
Phone _____
Email _____
Address _____
City _____
State _____ Zip _____
Signature _____

Individual: \$25.00,
Joint membership: \$35.00
Family members under 18 can join for free with
your membership!

Make checks payable to:
BCC Utah
P.O. Box 65733
SLC, Utah 84165-0733



Members!

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www.bccutah.org

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